

# TABLE OF CONTENTS

<b>Preface</b>	<b>6</b>
<b>Introduction</b>	<b>10</b>
<b>Finnish History, Language, and School System in a Nutshell</b>	<b>13</b>
Where We Come from – a Brief History	14
<i>Early History of Poverty, Famine, and even Slavery</i>	15
<i>A Battlefield Between Two Superpowers of Europe</i>	16
<i>From Autonomy to Independence</i>	17
Language and Literacy	19
<i>Some Features of the Finnish Language: No Sex and No Future</i>	21
<i>Spelling is No Problem for us!</i>	21
<i>The Cultural Challenge of Communication</i>	22
The History of Finnish Education in a Nutshell	23
<i>Basic Education for All</i>	23
<i>Equal Opportunities for All: Comprehensive School</i>	24
<i>University-level Teacher Education</i>	25
<b>Lessons Learned from Educational Psychology</b>	<b>28</b>
Ideas of Human Memory:	
Your Mind is Not a Scanner and There is No Hard Disk!	29
<i>Context is the King!</i>	30
<i>The Constructive Nature of Human Memory</i>	31
<i>The Qualitative Difference Between Novices and Experts</i>	32
<i>Children are Active and Creative Learners</i>	33
<i>Even Details are Learned More Effectively in Meaningful Ways</i>	34
Learning as an Interactive Process	38
<i>Socio-constructivist Ideas of Learning</i>	39
<i>Knowledge Practices</i>	40
<i>Learning Environments</i>	42
The Role of Emotions and Motivation in Learning	43
<i>Emotions and Learning</i>	43
<i>The Role of Interest in Learning</i>	45
<i>Motivation and Learning</i>	46
How to Engage the Learner?	50
<i>New Pedagogical and Instructional Practices</i>	51
<i>Flipped Learning</i>	52
<i>Time to Update Our Practices</i>	53
<i>A Synthesis: Engaging Learning Environments</i>	53
The Finnish Road to 21 <sup>st</sup> Century Competence	55
<i>The World of Wicked Problems</i>	55
<b>Competence 1: Thinking and Learning to Learn</b>	<b>64</b>
Theme 1: Inquiry-based Learning	64
<i>Managing an Inquiry-based Approach to Learning</i>	65
<i>Critical Thinking</i>	67
<i>Creative and Insightful Thinking</i>	71

Theme 2: Learning to Learn	74
<i>Control Over One's Own Learning</i>	75
<i>Discovering One's Strengths and Appropriate Learning Strategies</i>	76
<i>Creating One's Own Learning Path</i>	77
Theme 3: Learning Community	78
<i>Collaboration Skills</i>	78
<i>Communal Learning and Knowledge Building</i>	78
<b>Competence 2:</b>	
<b>Cultural Competence, Interaction, and Self-Expression</b>	<b>81</b>
Theme 1: Cultural Encounters	85
<i>Building Cultural Identity</i>	86
<i>Experiencing and Interpreting Culture</i>	87
Theme 2: Emotional Skills	88
<i>Self-Awareness</i>	89
<i>Self-Management</i>	90
<i>Social Awareness</i>	91
<i>Responsible Decision-making</i>	92
<i>Emotional Skills in the Classroom</i>	93
Theme 3: Cultural Participation	97
<i>Performing and Presentation Skills</i>	97
<i>Cultural Participation and Contribution</i>	101
<b>Competence 3: Self-care and Managing Everyday Life</b>	<b>104</b>
Theme 1: Managing Everyday Life	104
<i>Time Management</i>	104
<i>Consumer Awareness</i>	105
<i>Self-regulation Skills in the Digital Age</i>	106
Theme 2: Being a Member of a Well-functioning Society	107
<i>Promoting Well-being and Health</i>	107
Theme 3: Safety and Security in Everyday Life	109
<i>General Safety and Acting in Dangerous Situations</i>	109
<i>Personal Privacy</i>	110
<b>Competence 4: Multiliteracy</b>	<b>112</b>
Theme 1: Communication	114
<i>Modes and Motives of Communication</i>	114
<i>Self-expression</i>	115
Theme 2: Multimedia and Communication	121
<i>Creating and Interpreting Multimedia Content</i>	121
Theme 3: Contextual Skills	124
<i>Culture and Aesthetics</i>	124
<i>Scholarship</i>	125
<b>Competence 5: Information and Communication Technology (ICT)</b>	<b>129</b>
Is Digitalization Good for Learning?	129
Theme 1: Inquiry-based and Creative Studying	139
Theme 2: Practical Skills and Programming	139
Theme 3: Responsibility and Safety in Using Technology	146
Theme 4: Social Interaction and Networking in the Digital World	147

<b>Competence 6: Working Life Skills and Entrepreneurship</b>	<b>151</b>
Theme 1: Readiness for Working Life	152
<i>Keeping Up with a Changing World</i>	152
<i>Entrepreneurial Mindset</i>	153
Theme 2: Social Interaction at Work	156
<i>Collaboration and Working in Projects</i>	156
<i>Networking</i>	156
Theme 3: Working Life in Practice	157
<i>Work Experience and Entrepreneurship</i>	157
<b>Competence 7:</b>	
<b>Participating, Influencing and Building a Sustainable Future</b>	<b>162</b>
Theme 1: Means to Influence	163
<i>Developing the School Environment</i>	163
<i>Influencing and Working Outside School</i>	165
Theme 2: Structures and Rules of Society	166
<i>Living in a Democratic Society</i>	166
<i>Responsible Decision-making</i>	166
<i>Rules and Agreements</i>	166
Theme 3: Building the Future	167
<i>Protecting the Environment and Building a Sustainable Future</i>	167
<i>Options for Your Future</i>	168
<b>Phenomenon-based Learning</b>	<b>173</b>
The Logic of Disciplines and the Logic of Phenomena: Not Necessarily Contradictory	174
Wisdom and Creativity	175
Some Philosophical Background on Phenomenon-based Learning	178
Pedagogical Models of Phenomenon-based Learning	181
How Should I Carry Out Phenomenon-based Projects?	182
How to Assess Phenomenon-based Projects?	186
The Emotional Challenge of Phenomenon-based Learning	190
<b>Where are We Going Next? Visions for the Future</b>	<b>194</b>
The Importance of Early Childhood Education, Outdoor Activities, and Playing	194
Current Challenges	197
Reform in Finnish Teacher Education	198
Innovation and Creativity in STEM – a Global Problem and Some Finnish Solutions	201
Some New Openings	205
Digital Reform of the National Matriculation Examination	211
The Urban Legends of Finnish School Reform	214
Where are We Going Next?	217
<b>Index</b>	<b>222</b>